

Journal Article Review

Student

Institution

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Course

Date

Journal Article Review

Hanif, M., & Setiawan, B. (2021). Career Development: The Role of Career Counsellor towards Job Counselling. *International Journal of Instruction*, 14(1), 661-672.

<https://files.eric.ed.gov/fulltext/EJ1282173.pdf>

"Enhancing Counseling Skills for Effective Individual Counseling," written by Asrowi, Hanif, and Setiawan, was released in January 2021 in Volume 14, Issue 1, Pages 659–672. The main idea of the piece is that professional counselors should improve their skills in order for individual counseling to work better.

The article looks at how counseling skills affect how well individual counseling works. It looks at both spoken and unspoken skills and how they help (Hanif & Setiawan, 2021). The authors did tests before and after the study and showed that counseling skills got better. The study's conclusion is that learning new counseling skills makes individual therapy much more useful.

The article has a number of important benefits. For starters, it looks at both spoken and unspoken coaching skills in great detail. This in-depth analysis helps readers, especially job counselors, understand how complicated these skills are. It also talks about how important it is to integrate all of your skills into your counseling work and how they are all connected. Adding statistical analysis to the results makes them even stronger and adds to the research's empirical basis. By showing proof that counseling skills work through before and after tests, the authors make their results more believable. The article also talks about important factors that make counseling work, giving a more complete picture of the things that are very important to good counseling.

People who work as career counselors and want to improve their skills will find this piece very useful. The focus on specific skills needed for good counseling fits with the fact that

job counseling covers a lot of different areas. The statistical method not only gives the results more weight based on real-life examples, but it also gives us a numerical view of how well coaching skills work. The main idea of the article is that counseling methods in the area of career counseling are always changing and getting better.

The article's strengths lie in its scientific rigor, especially the way it uses statistical data to back up its claims. By using quantitative analysis, the authors make their results more credible and reliable, giving us evidence-based information about how well counseling skills work. The piece is clear and educational because it clearly names and talks about the most important factors that make counseling work. However, there are some flaws that should be thought about. The article focuses a lot on quantitative issues, which means that it might miss some useful qualitative insights. A more balanced method that includes qualitative data might give us a fuller picture of the restraints of counseling skills and how they affect people (Austin et al., 2020). Even though statistical evidence is useful, personal evidence could add to the conversation and give a fuller picture of the issue.

As a student of career counseling, I find this piece to be a useful resource because it goes into great detail about counseling skills, especially when it comes to dealing with both spoken and unspoken aspects. My school goals are in line with the focus on developing skills in all areas and the article offers a well illustrated guideline on how to do it.

The study has real-world implications for career counselors. It suggests ways to improve training programs by putting more emphasis on developing all counseling skills. There is a clear focus on using both spoken and unspoken conversation in counseling, which is very helpful for creating useful interventions. The article has a high impact on the area of career counseling, so I give it a 4.5 out of 5 for it. However, it could be improved so that it is useful for a wider audience.

Overall, the article makes a big contribution to the field by giving useful ideas on how to improve skills. Even though it was aimed at a specific topic, the results can be used in a variety of counseling situations, which supports its high relevance ranking.

References

- Austin, L., Sharp, C. A., van der Veer, S. N., Machin, M., Humphreys, J., Mellor, P., ... & Dixon, W. G. (2020). Providing 'the bigger picture': benefits and feasibility of integrating remote monitoring from smartphones into the electronic health record: findings from the Remote Monitoring of Rheumatoid Arthritis (REMORA) study. *Rheumatology*, 59(2), 367-378.
- Hanif, M., & Setiawan, B. (2021). Career Development: The Role of Career Counsellor towards Job Counselling. *International Journal of Instruction*, 14(1), 661-672.
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